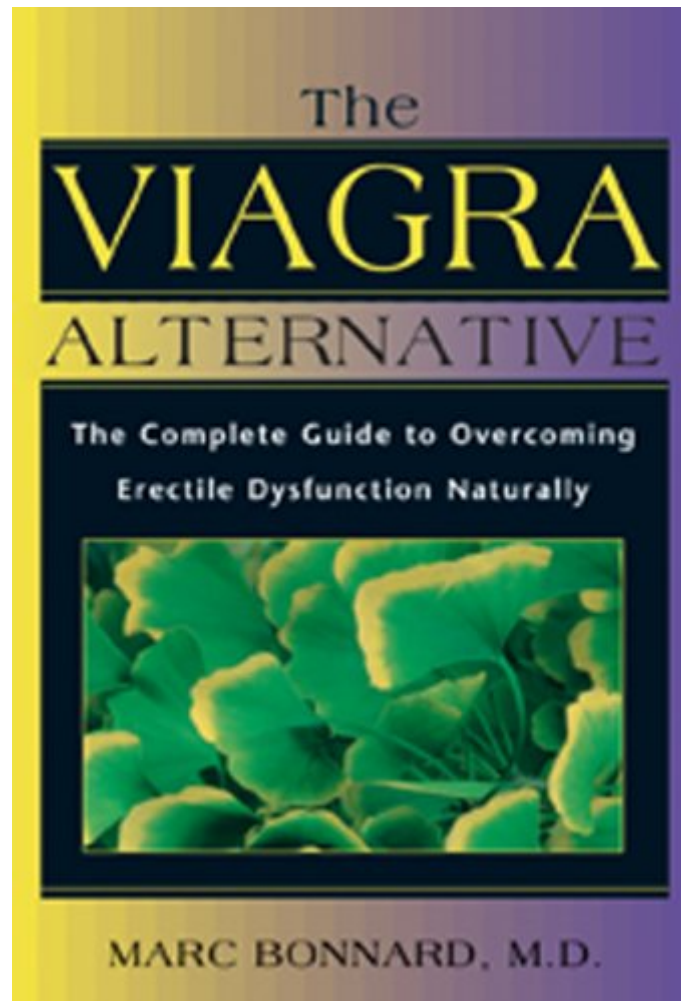


The book was found

# The Viagra Alternative: The Complete Guide To Overcoming Erectile Dysfunction Naturally



## Synopsis

• The most comprehensive guide to natural, safe, and permanent cures for impotence. • One of Europe's leading sex therapists introduces psychological and sexual techniques that can help the more than 30 million men who suffer from impotence. • Emphasizes holistic cures that treat body, mind, and spirit, including herbal remedies, homeopathy, yoga, aromatherapy, and diet changes. For those men who wish to avoid the risks of Viagra, The Viagra Alternative offers the most up-to-date information on natural, safe, and long-term cures for impotence. Recognizing that a healthy sex life is impossible without physical, mental, and emotional well-being, Dr. Marc Bonnard focuses on healing the whole person with treatments ranging from herbs such as ginkgo, ginseng, saw palmetto, and yohimbe to homeopathy, acupuncture, diet, yoga exercises, aromatherapy, and the introduction of new sexual techniques. Dr. Bonnard places special emphasis on relationship therapy, demonstrating that more often than not an enjoyable sex life can be restored without resorting to chemicals or supplements of any kind. By exploring the range of options outlined in The Viagra Alternative, men need no longer rely on a dangerous little pill to improve their sexual lives.

## Book Information

File Size: 580 KB

Print Length: 232 pages

Publisher: Healing Arts Press (October 1, 1999)

Publication Date: November 24, 2010

Sold by: Digital Services LLC

Language: English

ASIN: B004DNW63O

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #685,992 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #74

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Personal Health > Men's Health >

Sexual Health & Impotence #109 in Books > Health, Fitness & Dieting > Men's Health > Sexual

Health & Impotence #163 in Kindle Store > Kindle eBooks > Nonfiction > Parenting &

Relationships > Fertility

## Customer Reviews

I was one of the first people in line when Viagra, the acclaimed wonder drug, first came out. Unfortunately, my problems could not be overcome by a mere blue pill. The wonderful techniques employed by this book, including the numerous nonpharmaceutical organic natural remedies were a great help to me. The writing was brilliant, and recipes were as easy as one, two, three.

Too old though informative the dated info is just not on target in this age of tech advanced research and development. There are tons of things that can't be found in this book because it is way too dang old.

Great reading material - would recommend it to anyone who is seeking alternative medical remedy for ED and sexual fitness.

Rehash of old material but may be OK for someone without a background in the subject matter

It was incomplete and behind the times and it lacked research. It did not tell the whole story of natural healing of erectile dysfunction..

It was an ok book seller's arrival time was Great

A book that teaches the average man about the perils of Viagra and how these can be avoided by using only natural methods. The book explains why Viagra is dangerous to some people and offers a natural and clean alternative for a healthy erection and sex life. A good book but with gaps in structure, I found out that "Volume II - Natural Penis Enlargement: New methods of avoiding and curing impotence, premature ejaculation, and erectile dysfunction safely and inexpensively. ... Book on CD-Rom for PC & Mac Computers" by Platinum Millennium has much more information about sexual disorders and is structured with greater detail than this one

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Dysfunction Treatment: How to Treat Erectile Dysfunction How to Cure Erectile Dysfunction: Overcoming Erection Problems through Diet, Exercises, and Natural Remedies (Men's Health, Impotence, Sexual Health, Natural Cures, Sexual Problems, ED) Get It Up! 3 simple steps to cure porn induced erectile dysfunction naturally ERECTILE DYSFUNCTION: How To Get Rock-Solid Erections - Libido, Erection, Sexual Health & Sexuality (Prostate, ED, Testosterone, Kegel, Performance Anxiety, Premature Ejaculation, Orgasm) Phimosis Cure: How to Stretch Tight Foreskin at Home & Avoid Circumcision (Penis Enhancement, Jelqing, Kegels, Erectile Dysfunction, ED) Best Impotence Health Diet: Large Print: Erectile Dysfunction Diet for Soft Erections C I A L I S (Tadalafil): Treats Erectile Dysfunction, Symptoms of Benign Prostatic Hyperplasia, and Pulmonary Arterial Hypertension Overcoming the Dark Side of Leadership: The Paradox of Personal Dysfunction How to SAFELY & LEGALLY Buy VIAGRA Online With or Without a Prescription How To Buy Viagra Safely Online: The Survival of the Firmest Alternative Medicine Definitive Guide to Headaches (Alternative Medicine Definitive Guide) Caffeine Addiction Gone - A Beginners Guide to Overcoming Caffeine Addiction (Caffeine Addiction Guide, Caffeine Addiction, Overcoming Caffeine Addiction) The Caffeine Cure: A Definitive Guide to Finally Overcoming Your Caffeine Addiction (Addictions, Addiction Recovery, Overcoming Addictions Book 1) Overcoming Problem Gambling - A guide for problem and compulsive gamblers (Overcoming Common Problems) The Handbook of Alternative Assets: Making money from art, rare books, coins and banknotes, forestry, gold and precious metals, stamps, wine and other alternative assets Alternative Medicine Made Easy: How to Use Simple Homemade Remedies to Stay Healthy and Disease-Free (Herbal Remedies, Alternative Medicine, How to Use Herbal Remedies,) Corrosive Signs: Essays on Experimental Poetry (Visual, Concrete, Alternative) (Visual, Concrete, Alternative)

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